



Dear Friends and Family,

My name is Syna Sturdivant. On September 4, 2010, I will join hundreds of others in the Disneyland Family Fun Run in Anaheim, California. I will walk the distance of 5 kilometers or 3.1 miles. This is the first time I am participating in such an event. I will be spending the next couple of months training for the event.

I am personally dedicating my walk to benefit the **BDSNM Family Foundation**, a 501(c)(3) tax-exempt charitable organization whose purpose is to provide educational and financial support to families in need in the form of scholarships and grants. The foundation was established in May 2007 by members of the Bidgood – Dargan – Sturdivant – Nance – McClain family (BDSNM) to bring family together to support a common cause.

So for the next couple of months while training for the event in Anaheim, I will be raising funds to benefit this purposeful organization. For me, it will require a determination to train in ways that I have never devoted myself before by committing to walk 10,000 steps a day gradually increasing my pace so that I can keep up with other walkers and complete the 3.1 mile walk within 45 minutes or less. I have committed to dedicate myself physically and monetarily to the foundation. I am asking you to help me achieve my goal.

I plan on raising at least \$2,000 for the foundation. I can't do it without your help and I am hoping that I can count on you to be a part of my support team. I know that in these trying times it may be difficult to donate money. But whether you donate \$1 or \$1,000, your donation will go 100% to help our youth achieve their educational goals or families of single heads-of-households to recover from difficult times.

You can make a tax-deductible donation to my fundraising campaign on the BDSNM Family Foundation website, <http://www.bdsnmfamilyfoundation.org> and click on "**Contributions**". I will also place the names of all my support team on the t-shirt that I will wear during the walk. If you write a check, please send it payable to

BDSNM Family Foundation

Syna's Walk

6944 Pecan Avenue

Moorpark, California 93021

While on the website, please spend a few minutes to read about the foundation and how it helps people with the money that it raises.

Thank you for the difference that you will make in people's lives through your support of my efforts.

Sincerely,

Syna Sturdivant

[syna@att.net](mailto:syna@att.net)

